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Exposure to RF EMF From Array Antennas in 5G Mobile Communication Equipment

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ABSTRACT In this paper, radio-frequency (RF) electromagnetic field (EMF) exposure evaluations are conducted in the frequency range 10–60 GHz for array antennas intended for user equipment (UE) and low-power radio base stations in 5G mobile communication systems. A systematic study based on numerical power density simulations considering effects of frequency, array size, array topology, distance to exposed part of human body, and beam steering range is presented whereby the maximum transmitted power to comply with RF EMF exposure limits specified by the International Commission on Non-Ionizing Radiation Protection, the US Federal Communications Commission, and the Institute of Electrical and Electronics Engineers is determined. The maximum transmitted power is related to the maximum equivalent isotropically radiated power to highlight the relevance of the output power restrictions for a communication channel. A comparison between the simulation and measurement data is provided for a canonical monopole antenna. For small distances, with the antennas transmitting directly toward the human body, it is found that the maximum transmitted power is significantly below the UE power levels used in existing third and fourth generation mobile communication systems. Results for other conceivable exposure scenarios based on technical solutions that could allow for larger output power levels are also discussed. The obtained results constitute valuable information for the design of future mobile communication systems and for the standardization of EMF compliance assessment procedures of 5G devices and equipment.

INDEX TERMS 5G mobile communication, antenna arrays, beam steering, mobile device, mobile user equipment, radio base station, RF EMF exposure.

I. INTRODUCTION

The total amount of mobile traffic is expected to increase dramatically in the coming years [1]. The next generation of wireless access systems (5G), set for commercial availability around 2020 [2], is expected to constitute a key enabler for the larger system capacity and higher data rates of the future. Various research activities are currently ongoing to lay the foundation for this new technology, see e.g. [3], [4], which apart from mobile broadband will involve a range of different use cases and challenging requirements on latency, security, reliability, availability, energy performance, and device cost [5]. In terms of spectrum, 5G systems will need to be able to operate over a very wide frequency range from below 1 GHz up to and including millimeter wave (mmW) frequencies [1]. The available spectrum above 10 GHz will be a key component to fulfill long-term traffic demands and to enable the very wide transmission bandwidths needed to provide the desired multi-Gbps data rates in an efficient manner [5].

Products emitting radio-frequency (RF) electromagnetic fields (EMF) need to be designed and tested to comply with relevant regulatory requirements and limits on human exposure to EMF [6]–[9]. The most widely adopted exposure limits worldwide are the guidelines specified by the International Commission on Non-Ionizing Radiation (ICNIRP) [7] in 1998. In the US, exposure limits specified by the Federal Communications Commission (FCC) are applicable [9]. The exposure limits published by the IEEE [10], [11] are of a more recent date but has so far not been adopted in any national regulations.

For the frequencies used by existing second, third, and fourth generation (2G, 3G, and 4G) mobile communication systems, basic restrictions on RF EMF exposure are specified in terms of the specific absorption rate (SAR) to prevent, with wide safety margins, from established adverse health effects associated with excessive localized tissue heating and whole-body heat stress [7], [9], [10]. At higher frequencies,