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# Wi-Fi is an important threat to human health<sup>☆</sup>

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#### ABSTRACT

Repeated Wi-Fi studies show that Wi-Fi causes oxidative stress, sperm/testicular damage, neuropsychiatric effects including EEG changes, apoptosis, cellular DNA damage, endocrine changes, and calcium overload. Each of these effects are also caused by exposures to other microwave frequency EMFs, with each such effect being documented in from 10 to 16 reviews. Therefore, each of these seven EMF effects are established effects of Wi-Fi and of other microwave frequency EMFs. Each of these seven is also produced by downstream effects of the main action of such EMFs, voltage-gated calcium channel (VGCC) activation. While VGCC activation via EMF interaction with the VGCC voltage sensor seems to be the predominant mechanism of action of EMFs, other mechanisms appear to have minor roles. Minor roles include activation of other voltage-gated ion channels, calcium cyclotron resonance and the geomagnetic magnetoreception mechanism. Five properties of non-thermal EMF effects are discussed. These are that pulsed EMFs are, in most cases, more active than are non-pulsed EMFs; artificial EMFs are polarized and such polarized EMFs are much more active than non-polarized EMFs; doseresponse curves are non-linear and non-monotone; EMF effects are often cumulative; and EMFs may impact young people more than adults. These general findings and data presented earlier on Wi-Fi effects were used to assess the Foster and Moulder (F&M) review of Wi-Fi. The F&M study claimed that there were seven important studies of Wi-Fi that each showed no effect. However, none of these were Wi-Fi studies, with each differing from genuine Wi-Fi in three distinct ways. F&M could, at most conclude that there was no statistically significant evidence of an effect. The tiny numbers studied in each of these seven F&M-linked studies show that each of them lack power to make any substantive conclusions. In conclusion, there are seven repeatedly found Wi-Fi effects which have also been shown to be caused by other similar EMF exposures. Each of the seven should be considered, therefore, as established effects of Wi-Fi.

### 1. Introduction

Wi-Fi (also known as WiFi or WLAN) is a wireless network involving at least one Wi-Fi antenna connected to the internet and a series of computers, laptops and/or other wireless devices communicating wirelessly with the Wi-Fi antenna. In this way, each such wireless communication device can communicate wirelessly with the internet. All the studies reviewed here were of Wi-Fi using the 2.4 GHz band, although there is also a 5 GHz band reserved for possible Wi-Fi use.

Telecommunications industry-linked individuals and groups have claimed that there are no and cannot possibly be any health impacts of Wi-Fi (Foster and Moulder, 2013; Berezow and Bloom, 2017). However with Wi-Fi exposures becoming more and more common and with many of our exposures being without our consent, there is much concern about possible Wi-Fi health effects. This paper is not focused on anecdotal reports but rather on 23 controlled, scientific studies of such health-related effects in animals, cells including human cells in culture

and in human beings (Table 1).

Each of the effects reported above in from 2 to 11 studies, have an extensive literature for their occurrence in response to various other non-thermal microwave frequency EMFs, discussed in detail below. These include (see Table 1) findings that Wi-Fi exposures produce impacts on the testis leading to lowered male fertility; oxidative stress; apoptosis (a process that has an important causal role in neurodegenerative disease); cellular DNA damage (a process causing cancer and germ line mutations); neuropsychiatric changes including EEG changes; hormonal changes.

The discussion here focuses on those Wi-Fi effects which have been found by multiple Wi-Fi studies and have been previously confirmed by non-thermal exposures to other microwave frequency EMFs. The 1971/72 U.S. Office of Naval Medical Research study (Glaser, 1971) reported the following changes related to testis or sperm: 1. Decreased testosterone leading to lowered testis size. 2. Histological changes in testicular epithelial structure. 3. Gross testicular histological changes. 4.

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